

# Take the challenge.

Take up any of these challenges right away. See where you can make some changes, set yourself a target, and you could start saving electricity and reduce your bill.



<b>Save \$38</b>	Running that second fridge could be costing you a cool \$38 per bill. Turn it off.	<input type="checkbox"/> challenge accepted	<b>Seasonal Challenges</b>		
<b>Save \$84</b>	Always waiting until your dishwasher is full before running it each day could save you up to \$84 per bill.	<input type="checkbox"/> challenge accepted	<b>Save 10%</b>	<b>Heating.</b> Set your heater in winter between 18°C and 20°C. Each degree over 20°C can add up to 10% to your heating costs.	<input type="checkbox"/> challenge accepted
<b>Save \$10</b>	Swap 10 halogen bulbs for LEDs and you could save around \$10 per year.	<input type="checkbox"/> challenge accepted	<b>Save 10%</b>	<b>Air-con.</b> The ideal temperature is 24°C. It still feels cool. Each degree cooler can add up to 10% to your cooling costs.	<input type="checkbox"/> challenge accepted
<b>Save \$10</b>	Using your clothes dryer just one less time per week could save you about \$10 per bill.	<input type="checkbox"/> challenge accepted	<b>Rug UP</b>	<b>In winter,</b> put on a jumper, wear warm PJs and add an extra blanket to your bed. Keep the heater off.	<input type="checkbox"/> challenge accepted
<b>Save 10%</b>	Switch appliances off at the wall. Standby mode uses up to 10% more power.	<input type="checkbox"/> challenge accepted	<b>Fans ON</b>	<b>In summer,</b> use a pedestal or ceiling fans to cool down. They're much cheaper to run than air-con.	<input type="checkbox"/> challenge accepted
<b>Save \$21</b>	You could save up to \$21 per bill. Switch your washing machine to cold washes and clean up the cash.	<input type="checkbox"/> challenge accepted	<b>Curtains &amp; blinds</b>	<b>In winter,</b> open your curtains in the middle of the day to let in the warm sun. <b>In summer,</b> use your blinds to block out the sun's heat.	<input type="checkbox"/> challenge accepted
<b>Save \$33</b>	You could save up to \$33 per bill. Run your pool pump for two hours less a day in winter.	<input type="checkbox"/> challenge accepted	<b>Service now</b>	Get appliances serviced, e.g. a heater before <b>winter</b> or a pool pump before <b>summer</b> , to maximise its efficiency.	<input type="checkbox"/> challenge accepted
<b>Save 20%</b>	One extra energy efficiency rating star on an appliance could save around 20% on the costs of running the appliance.	<input type="checkbox"/> challenge accepted	<b>Explore more at <a href="https://www.synergy.net.au">synergy.net.au</a></b>		
<b>Save \$300</b>	Using your ducted air-con just two hours less each day could save you around \$300 per bill.	<input type="checkbox"/> challenge accepted	<b>Know your bill</b>	Compare your bill and break it down to see where you could save. <a href="https://www.synergy.net.au/Your-home/Help-and-advice/Bills/Understandingmybill">https://www.synergy.net.au/Your-home/Help-and-advice/Bills/Understandingmybill</a>	<input type="checkbox"/> challenge accepted
<b>Save \$175</b>	Games console. Turn it off at the wall when it's not being used and you could save up to \$175 a year.	<input type="checkbox"/> challenge accepted	<b>Calculators</b>	Use our online calculators to better understand how much your appliances are costing you and where you could save. <a href="https://www.synergy.net.au/Our-energy/Energy-tool/Reduce-your-bill/#/">https://www.synergy.net.au/Our-energy/Energy-tool/Reduce-your-bill/#/</a>	<input type="checkbox"/> challenge accepted
<b>Switch OFF</b>	Switch off as many appliances at the wall when not in use.	<input type="checkbox"/> challenge accepted	<b>Get smart</b>	Go online and find out more about new technology and devices that could make you a more efficient energy user.	<input type="checkbox"/> challenge accepted
<b>\$5 note</b>	If you can slip a \$5 note between the fridge and its door, you should consider replacing the seals.	<input type="checkbox"/> challenge accepted			
<b>HOT water</b>	Try keeping the solar hot water booster switch off during the day, and only turn it on when you really need it.	<input type="checkbox"/> challenge accepted			

## We're here to help

If you're finding it hard to keep your electricity use down and stay on top of your bill, we can help. There are many more ways to take control than simply reducing your use. You can find out more about your options by calling our team on 13 13 53 or visit [synergy.net.au/extrahelp](https://www.synergy.net.au/extrahelp)

**It's time to take charge.**

[synergy.net.au/extrahelp](https://www.synergy.net.au/extrahelp)

